

Competitive Development Stream



NTHA PRE-SEASON PROGRAM GUIDE 2021-22



Competitive Development Stream

MISSION

The Competitive Development Stream program is designed to give our youngest players a fun, comprehensive and age-appropriate hockey development experience in accordance with the Hockey Canada and Ontario Hockey Federation (OHF) Player Development Model.

This program was developed in 2018 by four neighbouring hockey associations (Forest Hill, Leaside, North Toronto and North York Knights) with the additional goal of providing players and their families with a more consistent, time-efficient hockey schedule primarily on local rinks in our communities. In 2019, we added the Scarborough Hockey Association. Additional hockey Associations may join at any time and the program usually comprises at least 30 teams in 3 tiered divisions.

For 2021-22, the CDS model will launch in the west end of Toronto where 5 hockey associations have joined to form the Competitive Development Program (CDP), also comprising approximately 30 teams. These two programs are cooperating to schedule exhibition games.

ORGANIZATION

The CDS program is an extension of House League and is available to all registered 6, 7 and 8 year-old players (U7, U8 and U9) on a tryout basis.

This program is sanctioned by the GTHL and the operations are managed by Board executives and volunteers from the member clubs who oversee budgeting, scheduling, tiering, planning and coordination of the league.

Each member club is responsible for their own teams as follows:

- Player registration, tryouts, and roster approvals.
- Parents/team official approvals and certifications.
- Management and collection of tournament/exhibition approval forms.

PRIMARY CONTACTS

CDS Chair: Claudio Tarulli cds@nthockey.ca

CDS Coordinator: Sean Schurr ntselectcoord@nthockey.ca

Competitive Development Stream Program

2021-22 SEASON OVERVIEW (TENTATIVE)

October	Evaluations and Team Tryouts
	Team Staffing & Credentials, Uniforms, Team Budget
	Weekly Team Practices Begin
	Mandatory Orientation Session for New Coaches
Nov - Dec	Weekly Exhibition Game
	Weekly Team Practices
December 19	Last Day of Exhibition Schedule
Dec. 20 – Jan.2	WINTER BREAK
January 6	First Day of Winter Schedule
Mar. 12-20	Public School March Break – No CDS games
March 21	Games Resume
April 3	Last Day of Winter Schedule
April 9-10	Festival Weekend

SEASON STRUCTURE

CDS Teams will play approximately 20 regular season games (2021-22 season will be shorter) at a rate of one game per week in a balanced schedule rotating among the different member rinks. Teams may also participate in tournaments and exhibition games outside of the CDS program (although these may be limited in 2021-22). An end-of season Festival will bring together all teams for a weekend celebration.

CDS GAMES

Games will take place throughout the week at rinks such as: North Toronto Arena, Forest Hill Arena, Leaside Arena, Don Montgomery Arena, and Phil White Arena. Once or twice in a season, exhibition games may be scheduled with Competitive Development Program teams in an arena in the west end of Toronto.

Games are scheduled at times that do not conflict with House League or team practice sessions. Early-season schedules will be released 1-2 weeks in advance and the goal is to release the entire season schedule as soon as possible so that families can plan ahead.

Competitive Development Stream Program

YOUR CHILD'S SCHEDULE

Playing in both CDS and House League is an exhilarating time for young players as they develop their fitness, skills and friendships. But we recognize it's also a busy time for young families to manage all the schedules and our program is designed to make this as easy as possible by:

1. Minimizing drive times, especially on weeknights.
2. Publishing schedules in advance so you can plan ahead.

Below are **sample** schedules for CDS players showing what a typical week will look like with 4 times on the ice per week. The information below is current but the CDS timeslots are **subject to adjustments**. Actual schedules and specific times will depend on the teams/sessions your player is assigned to. This will be known after evaluations & tryouts. In addition, some teams may decide to purchase additional private ice outside of these schedules.

U7	HL	HL SKILLS	CDS PRACTICES	CDS GAMES
	Saturday 7-9am	Sunday, 9-3:15pm	Thursday 6-7m Saturday 4-6pm	Sunday, Thursday, Friday

U8	HL	HL SKILLS	CDS PRACTICE	CDS GAMES
	Saturday 9-10am, 1-2pm	Sunday, 8-10:30	Tuesday 5-6 Wednesday, 5-6	Monday, Thursday, Sunday

U9	HL	HL SKILLS	CDS PRACTICES	CDS GAMES
	Saturday 10-11am, 3-5pm	Monday, 5-8pm	Sunday 8-9am Sunday 4-6pm	Saturday, Thursday, Sunday

CDS TEAMS AND ROSTERS

CDS teams have rosters of 17-18 players. Depending on the number of players interested, we usually field about 2-4 teams for each age division. The teams are given names as follows:

RED Team: (Tier 1) GREEN Team: (Tier 2) WHITE Team: (Tier 3) BLACK Team: (Tier 4)

PROGRAM FEES

In addition to House League fees, players will be responsible for Team Fees of approximately \$2,000 – \$2,500. Financial assistance may be available through your Team Manager to cover a portion of the Team Fee.

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EVALUATIONS & TRYOUTS

This is a 2-step process designed to give players plenty of opportunity to demonstrate their abilities over several sessions. Our goal is to ensure that every player ends up on a team at the appropriate skill level where they will have the most fun and opportunities for development.

We will be evaluating players during the series of 4 House League Skills Sessions being held from Oct. 2-14 according to your assigned schedule. *So if you want your child to be considered for CDS, it is very important to attend all of your assigned House League Skills sessions, however, we should still be able to assess a player who misses a session due to illness or other commitment. Players who miss more than one session may not be properly evaluated.*

Step 1: Evaluation (Oct. 2-13)

During the 4 House League Skills sessions our evaluators will get to know your children. Players will be run through dozens of fun drills and games designed to get their skating legs back and prepare for the upcoming season. Based on our observations over these sessions, all players will be ranked according to their abilities.

Step 2: Team Tryouts (October 16, by invitation only)

Based on these rankings, players will be invited via email to attend 1 CDS Team tryout on October 16. You will receive an email with a Team Tryout invitation following your last skills session. Players may only attend the tryout to which they have been invited and need attend only 1 tryout.

- For the Red Team (Tier 1) tryout, approximately 24 players will be invited to fill 18 roster positions.
- Those players not assigned to the Red Team will automatically be assigned to the Green Team (Tier 2) but do not attend the Green Team tryout.
- For the Green Team tryout, approximately 16 players will be invited to fill the remaining roster positions.
- Those players not assigned to the Green Team will automatically be assigned to the White Team (Tier 3) but do not attend the White Team tryout.
- And so on as required until all teams are formed.

ALL TRYOUTS AT NORTH TORONTO ARENA OCT. 16, 2021

U7 Red: 7:00-7:50am	U8 Red: 1:00-1:50pm	U9 Red: 4:00-4:50pm
U7 Green: 8:00-8:50am	U8 Green: 2:00-2:5pm	U9 Green & White: 5:00-5:50pm
U7 White: 6:00-6:50pm	U8 White: 3:00-3:50pm	

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COACHES & TEAM OFFICIALS

All of our teams are run by parent volunteers and CDS presents adults with fun volunteer opportunities. We cannot run our teams without significant parent involvement so please consider stepping forward. With the exception of on-ice coaches, no hockey experience is required. E-mail cds@nthockey.ca to let us know which position(s) you are interested in.

For all newly-formed teams, we do not assign coaches or team staff until after tryouts are completed and player assignments are known.

Teams must have the following minimum staff positions filled, however it is very helpful to have one or two extra Assistant Coaches to ensure coverage at practices/games:

- Head Coach
- Assistant Coach (At least 2 Assistant Coaches for U7)
- Manager
- Team Safety Officer
- Trainer

Team Officials will be required to obtain credentials including:

- Respect in Sport Activity Leader Certification (online)
- Gender Expression and Identity Online Course Certification
- Vulnerable Sector Screening clearance (aka Police Check)
- Rowan's Law Acknowledgement

Each team must have a rostered official certified as a Trainer (who may also be a coach). The trainer will possess a first aid kit on the bench. Each Trainer must have a valid HTCP certification or present proof of certification in one of the following professions: physicians, nurses, paramedics, firefighters or other first responders, first aid instructors, police officers.

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COMPOSITION OF TEAMS AND SUBSTITUTIONS

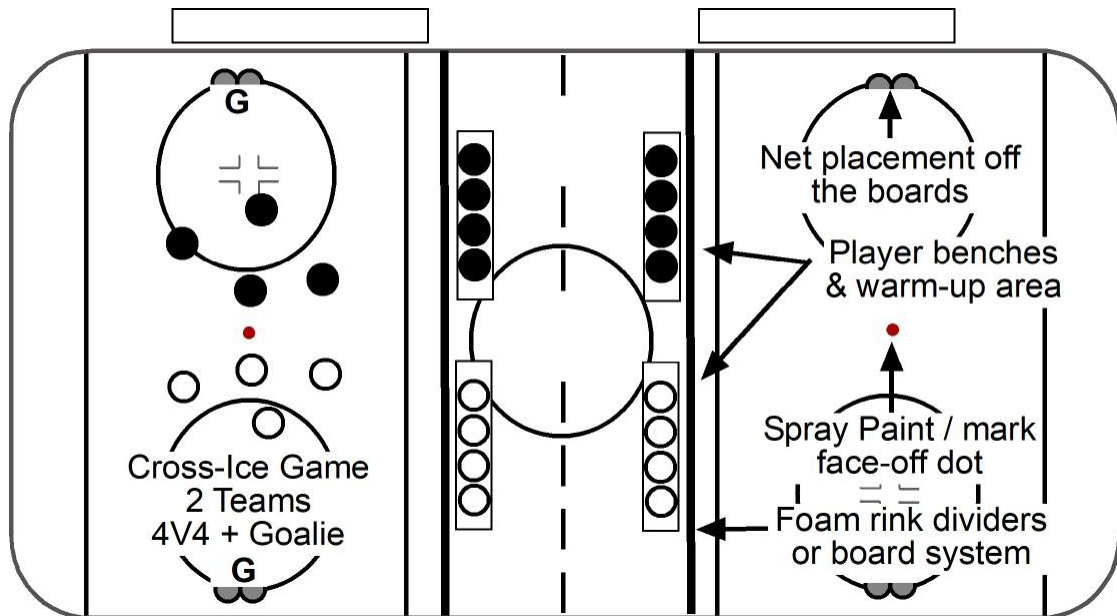
- Only registered House League players may be rostered on CDS teams.
- Players must play in their birth-year division.
- Each member club may enter any number of teams into each age division as long as minimum roster sizes are maintained. (Hybrid teams consisting of players from different member clubs are permitted subject to agreement of all members clubs.)
- Teams in U7 and U8 should consist of 18 rostered players which in games allows for 16 skaters and 2 goalies. (Goalies rotate in U7 and may be designated in U9).
- Teams in U9 should consist of at least 16 players and up to 18 players.
- The minimum roster size for entry into the program is 16 players.

The minimum roster size for games is 16 players although teams are strongly encouraged to add players as required to reach 18 players as follows:

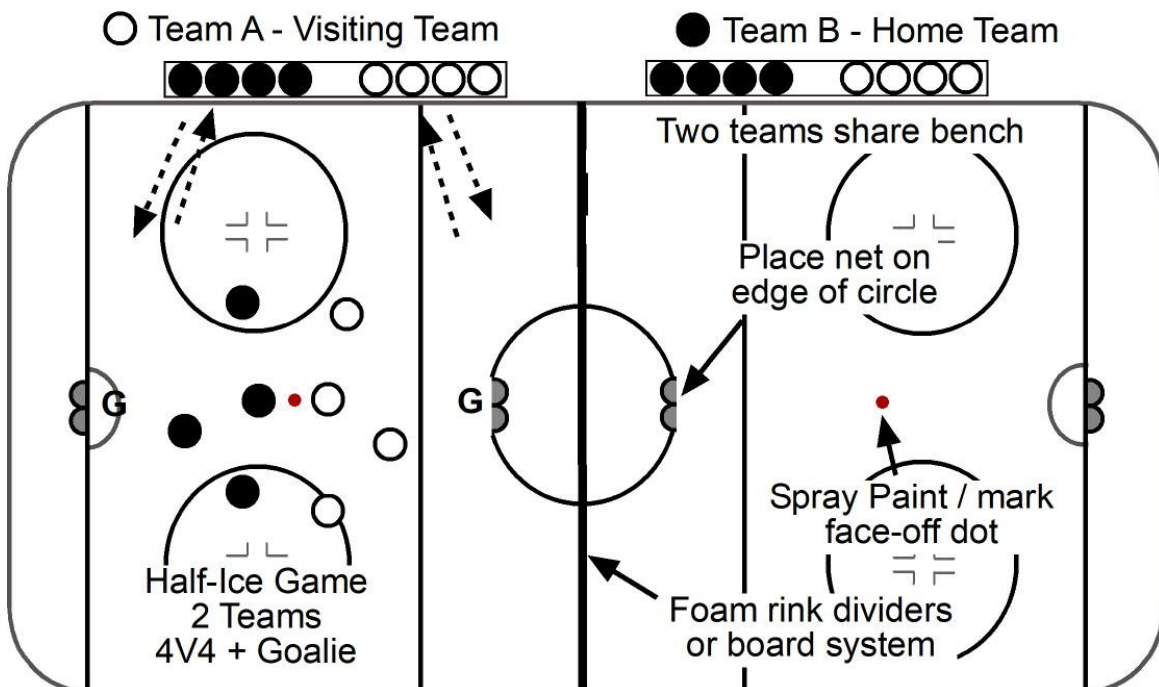
- Roster players who are missing for games may be replaced by any House League player registered in the affected team's' age division or from *any* other CDS teams in the same age division.
- (Such substitutions are meant to be temporary arrangements so that teams have enough players to properly carry out a game.)
- If for any reason both teams are short a significant number of players, the coaches may agree to play one or both game sides 3 v 3 with a goalie instead of 4 v 4 with a goalie. Full ice games may also be played 4 v 4 if numbers warrant.

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U7 | GAME FORMAT • CROSS-ICE



U8 & U9 (UNTIL JAN. 15) | GAME FORMAT • HALF-ICE



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BASIC GAME RULES FOR U7, U8 and U9 (to Jan. 15)

RULE	NOTES
Lines	4-on-4 with goalie so 9 players on each side
Warm Up	2 minutes
Length	2-22 minute periods (may be shortened to 20 or 21 minutes if required by rink).
Face-offs	At the start of each period only.
Equipment	U7 to use 3'x4' nets and blue 4 oz. pucks. U8 to use regular equipment.
Keep Score	CDS program will record scores for analysis and tiering only. No standings.
Off-side	None
Icing	None
Line Changes	On the fly, every 2 minutes. Play stops at the buzzer/whistle and players leave puck where it is and go to bench. Referee to reposition puck in neutral area if close to either player bench. Players must tag up at boards/bench before new players take to the ice.
Puck out of bounds	Referee instructs offending team to back away, referee drops new puck to non-offending team.
Goaltender Save	Shooting team backs away on referee's whistle, goalie passes to teammate.
Goal scored	Referee blows whistle. Scoring team backs away, defending team removes puck from net and immediately starts on attack.
Penalties	Referee indicates penalty, if offending team has puck, it is a change of possession. At end of shift, referee notifies coach and offending player misses the FIRST MINUTE of their next shift while the team plays short-handed.
Suspension	A player who incurs 3 penalties in one game will be not be allowed to continue playing and will be suspended for the following game.

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RULES & PROCEDURES for U7, U8 and U9 (to Jan. 15)

OFFICIALS AND AUTHORITY

Each game side will have one referee. In addition, there will be a third floating official supervising both games and assisting with injury/penalty management and clock coordination as required. In a game situation, the Referee will have full authority in all matters and his/her decisions will be final and not subject to appeal.

It is important to remember that, like our players, many of our young officials are learning the game and their role in it so they must be treated accordingly and with respect. Any abuse of officials by players, coaches or parents will result in sanctions as deemed appropriate by the CDS Executive.

Any situations not covered by the CDS rules as laid out will have the Rules of Hockey Canada applied.

BOARDS & DIVIDERS

This equipment will be installed and taken down by the officials. If coaches wish to assist in expediting this process, they must be wearing a helmet and either skates or ice cleats over their shoes.

APPROXIMATE GAME TIMING (minutes)

13:00 Barrier installation by officials/(Flood if necessary)

2:00 Warm up

22:00 Period 1 Runtime with 2-minute buzzer shifts

1:00 Intermission

22:00 Period 2 Runtime with 2-minute buzzer shifts

GAME SHEETS

Gamesheets must be completed and given to the supervising official prior to the game. Gamesheets must list the full name and number of all (and only) the players present on the ice, including any substitutes or call-ups, as well as team officials.

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RULES & PROCEDURES for U7, U8 and U9 (to Jan. 15)

PLAYER SWAPPING

For U7 games, coaches may swap players between the two games at any time while the players are on the "bench" area in the neutral zone (or on physical benches at North Toronto Arena).

For U8/U9, coaches may swap players at the intermission.

INJURY

If a player is injured at any time (including as a result of a penalty infraction), play will stop until the player can be safely moved to the bench. The clock will not stop, however, and the game will resume as soon as possible thereafter following the buzzer shift program in progress.

CONCUSSIONS

CDS games will follow the GTHL concussion policy. Any player suspected of having a potential concussion will cease playing immediately and will be subject to the return to play protocol as prescribed.

Team officials must fill out a Hockey Canada Injury Report for any serious injuries and players may return to play only the authorization of a physician.

U9 RULES & PROCEDURES (After Jan. 15)

Prior to Jan. 15, Novice teams will play the same half-ice format as outlined for U8.

After Jan. 15, U9 Teams will play full ice hockey as follows:

- 2-minute warmup
- 2 x 16-minute periods, STOP time with 1-minute intermission between periods.
- Teams will switch sides at the end of the first period.
- Game play will be 5 v. 5 with goalies.
- All standard Hockey Canada rules will apply (faceoffs, offsides, icing, penalties and suspensions, etc.)
- Score is kept. Scoreboard will not show goal differentials greater than 5 goals